Risk Assessment Form

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Activity** | | **Gym sessions** | | | | | | **Site/Location** | | | Wakefield SC | | | **Risk Assessment No.** | | | | GS-LSC-01 | |
| **Person Completing Form** | | **Mark Fletcher** | | | | | | **Job Title** | | | Health and Safety Manager | | | | | | **Date** | Feb 2018 | |
| **Review Date** | 2020 | | | | | **Reviewed By** | Mark Isherwood | | | | | | **Next Review Date** | | | Feb 2021 | | | |
| **Persons at Risk** | Employee | | | Learner | | | | |  | | | | | |  | | | | |
| **Initial Risk Level (of the hazard, before implementing all of the Control Measures and Actions)** | | | | | | | | | | | | | | | | | | | |
| **Potential Severity of Harm (A)** | | | **3** | | **Likelihood of Harm Occurring (B)** | | | | | **3** | | **Initial Risk Level (A x B)** | | | | | | | **9** |

| **Hazard** | **Control Measures** | | | **Additional Control Measures** | | | **Action By** | **Action Target Date** | | **Action Complete (Initial)** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Slips, Trips And Falls | All participants to wear suitable footwear for the activities being carried out and that it fits properly. | | | Any visible trip hazards to be removed from the drill area before commencing activities.  Any injuries sustained during any drill sessions to be reported to the Health and Safety Manager and appropriate treatment provided by onsite frst aiders. | | | Centre Manager  All Staff | Ongoing | |  |
| Exisitng health condition causing an injury | Pre existing health or medical conditions should be discussed with the tutor/centre manager prior to any activity taking place | | | A warm up and warm down activity will be carried out as part of any drill sessions.  Any injuries sustained during any drill sessions to be reported to the Health and Safety Manager and appropriate treatment provided by onsite frst aiders. | | | Centre Manager  All Staff | Ongoing | |  |
| Temperature | Session leader to make a decision on if the session is to take place based on current weather conditions  All participants to stay hydrated throughout the sessions  All participants to wear suitable clothing for the gym sessions | | | Tutors to remain vigilant at all times to ensure learners are not suffering from dehydration. | | | Centre Manager  All Staff | Ongoing | |  |
| Misuse of equipment | Session leaders to ensure all participants understand how to operate any machinery or equipment safely before starting the sessions. | | | Manual handling training to be given to all participants.  Any participants found to be miusing equipment to be taken out of the session immediately. | | |  |  | |  |
| **Residual Risk Level (after implementing all of the Control Measures and Actions)** | | | | | | | | | | |
| **Potential Severity of Harm (C)** | | **2** | **Likelihood of Harm Occurring (D)** | | **1** | **Residual Risk Level (C x D)** | | | **2** | |

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|  | | **Potential Severity of Harm** | | | **Residual Risk Level Actions** | | |
| **Slightly Harmful 1** | **Harmful 2** | **Extremely Harmful 3** | **Low Risk** | **Medium Risk** | **High Risk** |
| **Likelihood of Harm Occurring** | **Highly Unlikely**  **1** | **Low Risk**  **1** | **Low Risk**  **2** | **Medium Risk**  **3** | **Proceed with Activity**  **under controlled**  **measures above** | **Reduce Risks Further ALARP** | **Do Not Proceed Without Referring to Your Manager First** |
| **Unlikely**  **2** | **Low Risk**  **2** | **Medium Risk**  **4** | **High Risk**  **6** |
| **Likely**  **3** | **Medium Risk**  **3** | **High Risk**  **6** | **High Risk**  **9** |

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| **This Risk Assessment must be communicated to those who are carrying out the task and should be recorded in the boxes below** | | | |
| **The above Risk assessment has been briefed to those individuals detailed below and they understand the requirements of the risk assessment.** | | | |
| **Name** | **Signature** | **Company** | **Date** |
| Terry Yates (Tutor) | T Yates | Yorkshrie academy Wakefiled | 9th Mar 2020 |
| Paul Shiliato (Tutor) | ;P Shilliato | Yorkshrie academy Wakefiled | 9th Mar 2020 |
| Emma Johnson (Admin) | Emma Johnson | Yorkshrie academy Wakefiled | 9th Mar 2020 |
| Martin Greening (ESO) | Martin Greening | Yorkshrie academy Wakefiled | 9th Mar 2020 |
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